

Harmonic Whirlies

Vibrational Healing Chart for The Complete Set

Colour Coding on Handgrip	Harmonic Tuning	Lower Range Whirlies (Larger Diameter) Chakra Information	Harmonic Tuning	Higher Range Whirlies (Smaller Diameter) Chakra Information
Violet	Low 'B' Whirly for third eye & spirals energy	LOW B For third eye and spirals energy around the body and auric field. (Third eye: insight, intuition and perception).	'B' Whirly for third eye & spleen	HIGH B For third eye and spleen (finetuning).
Indigo	Low 'A' Whirly for solar plexus, throat, third eye	LOW A For solar plexus, throat and third eye. Also effects the base chakra, liver, spleen and heart. Brings energy from the solar plexus into the heart to release it. Balances the emotional centres. (Solar plexus: vitality, psychic awareness, nervous energy. Throat: communication and creative expression. Third eye: insight, intuition and perception).	'A' Whirly solar plexus, throat, 3rd eye	HIGH A For solar plexus, throat and third eye (finetuning). Opens up the etheric body, releasing energy inside.
Blue	Low 'G' Whirly for throat & third eye	LOW G For throat, third eye and heart. Assists with healing issues related to children. (Throat: communication and creative expression. Third eye: insight, intuition and perception. Heart: compassion, healing, centering).	'G' Whirly for throat & third eye	HIGH G For throat and into third eye (finetuning). The sound goes into the right side of the emotional field and assists with clearing father issues.
Green	Low 'F' Whirly for heart & solar plexus	LOW F For heart and solar plexus. Calms the mind. (Heart: compassion, healing, centering. Solar plexus: vitality, psychic awareness, nervous energy).	'F' Whirly for heart & base	HIGH F For heart and base (finetuning). Opens up the heart centre and clears blocked energy from the base centre.
Yellow/Green	Low 'E' Whirly for solar plexus & heart	LOW E For solar plexus and heart. Opens chakras and pulls out stagnant blocked energy in the heart. Also good for breaking up rigid mind-sets.	'E' Whirly for solar plexus & heart	HIGH E For solar plexus and heart (finetuning). Good for breaking up rigid mind-sets/belief systems.
Yellow	Low 'Eb' Whirly for solar plexus	LOW Eb For solar plexus. Opens chakra and pulls out stuck emotional energy. Very healing. (Solar plexus: vitality, psychic awareness, nervous energy).	'Eb' Whirly for solar plexus	HIGH Eb For solar plexus and sacral (finetuning). Puts energy into the sacral centre which goes into the kidney meridians and then pulls out stuck emotional energy from the solar plexus. Also calms the mind.
Purple	Low 'D' Whirly for third eye	LOW D For third eye, heart and sacral centre. Putting energy directly into the third eye. Links heart and mind together. (Third eye: insight, intuition, perception. Heart: compassion, healing, centering. Sacral: feelings, emotions, appetite).	'D' Whirly for third eye & solar plexus	HIGH D For third eye and solar plexus (finetuning). Links heart and mind together.
Deep Red	Low 'C' Whirly for throat & solar plexus	LOW C For throat, solar plexus, kidney acupoints and spleen. Uses the spleen to access the two emotional centres: throat and solar plexus. (Throat: communication and creative expression. Solar plexus: vitality, psychic awareness, nervous energy).	'C' Whirly for throat, solar plexus, base	HIGH C For throat, heart, solar plexus and base (finetuning). Allows energy in the solar plexus to rise into the throat for expression and release. Very fast playing activates the base chakra and base acupoint and sends energy up through the central core of the body into the throat. (Base: passion, physical and sexual energy).